

**Cooperative Art Group for Girls (ages 9-11)****Exploring Cultures Through Art****Dates:** Wednesday, January 25, February 1, 8, 15, 22, 29**Time:** 4:00-5:00 p.m.**Location:** SARAH in Action, 51 Boston Post Rd., Madison**Instructor:** Nicole Kras, M.A., M.S., C.A.G.S.**Fee:** \$60.00 for 6 sessions

This group will combine both individual and group cultural based art directives while focusing on identifying emotions, exploring feelings, dealing with conflict, and building social skills. Each week a new topic will be introduced and art work will be created that will facilitate discussion on that topic.

**Creative Art Group (ages 6-8)****Dates:** Thursdays, January 26, February 2, 9, 16, 23, March 1**Time:** 4:00-5:00 p.m.,**Location:** SARAH in Action, 51 Boston Post Rd., Madison**Instructor:** Nicole Kras, M.A., M.S., C.A.G.S.**Fee:** \$60.00 for 6 sessions

*Creative Art* is a group for children ages six through eight. It is designed to promote creativity, social skills, and self-expression. Participants will be actively engaged in art directives using various art media. Discussion topics may include making friends, sensitivity to others, identifying emotions, and conflict resolution.

*Nicole Kras is an art therapist, college instructor and former elementary school teacher. She currently offers art therapy sessions for both children and adults at the Shoreline Center for Wholistic Health in Guilford.*

**Please contact Kathy Fadel at (203) 453-7592 ext. 2 or [kidsteps-fcc@sarah-inc.org](mailto:kidsteps-fcc@sarah-inc.org) for more information or to register.**